

PSALM 121

I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth. He will not let your foot be moved; he who keeps you will not slumber. Behold, he who keeps Israel will neither slumber nor sleep. The Lord is your keeper; the Lord is your shade on your right hand. The sun shall not strike you by day, nor the moon by night. The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time forth and forevermore. (Psalm 121)

1. In speaking of Yahweh as our helper (verse 2), the writer immediately states an important truth about Him. What is it? What are some reasons why we need to be reminded of this?
2. Read verses three and four. What kinds of things make you wonder if God is paying attention to events in this world? How do you get past such thoughts?
3. What does it mean to you that “The Lord is your keeper” (verse 5)?
4. Verses seven and eight say some more things about Yahweh as our “keeper”. Since these are true, why do we get sick and why do we die?
5. Based on what you know is said in the Bible, and what you have learned from life, what are some of the things God might bring about in our lives by allowing evil to impact us?